

EMERGENCY KIT Campfire Breadsticks (stick bread)

COOK OFF

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Prep Time:

30 min

Total Time:

60 min

Select a Course:

Appetizer

Select a Meal:

Snack

Recipe Ingredients

1 C all purpose flour

1 pinch salt

1 t baking powder

1 T oil

Directions

Mix together until dough pulls away. Split into equal size balls. Form into long snake shapes. Flatten and twist around end of stick. Cook over open fire, turning frequently. When bread slides off stick without sticking, it's ready to eat.